



## EXPRESSION OF INTEREST TO JOIN THE YOUTH HEALTH FORUM

- Are you aged 18 – 30?
- Do you use the health and social care system or help someone who does?
- Would you like to work with a diverse group of young people?
- Do you have ideas about how we could change health and wellbeing services?
- Are you interested in gaining leadership, advocacy and policy skills?
- COVID-19 is disrupting the world as we know it and will force us to reimagine the services we want in the future. Do you want to have a voice in shaping that?

The Consumers Health Forum (CHF) is Australia's long-standing and respected peak member body for health care users and we represent their views at the national policy level. Young people use the health system and their voices need to be heard too.

In 2018, we launched the Youth Health Forum, a network of fifty young leaders who came to Canberra to talk about the biggest priorities in youth health and wellbeing. The network is made up of people from across the country who have a diverse range of backgrounds, life experiences and interaction with health and welfare services. CHF supports them to share their knowledge and work with other national organisations, leaders and decision-makers to get better services and health outcomes for young people.

### Time commitment from Forum members

As much or as little as you like. You can take on an outward-facing role and volunteer to attend meetings, events, or sit on a Board or Committee, or if you prefer to stay behind the scenes you will be providing written work and feedback by participating in surveys, writing submissions and publications. This should average out an hour or two each month.

### Upcoming Youth Health Forum events

A high-paced, innovative virtual event to explore the preferences and concerns of young people as services move towards digital service delivery, to prioritise some training and development needs and to plan for some local incubator projects.

- 30 June 2020

A face-to-face *Life Transitions and Youth Pathways into Services* roundtable will be held in Melbourne:

- a welcome gathering from on the 26 November 2020; and
- the forum itself on 27 November 2020.

\*Travel costs, meals, non-alcoholic drinks and accommodation will be covered. No sitting fees or payment associated with attending the roundtable.

### Applications

If you would like to apply to join the Youth Health Forum, you can:

- complete the form [here](#)
- record your answers and send to the details below
- text us on 0430485459 for a call back
- **closing date** for applications: **Sunday 3rd May**

Call or email Carolyn ([c.thompson@chf.org.au](mailto:c.thompson@chf.org.au)) if you have any questions.