



Consultation with Young People on the Transition Arrangements between Adolescent and Adult Mental Health Services in Queensland

Currently there is an independent review of the alignment and transition arrangements between **adolescent and adult mental health services** in Queensland being undertaken. This is part of the Barrett Adolescent Centre Commission of Inquiry recommendation 5: <http://www.barrettinquiry.qld.gov.au/> Health Outcomes International and the SYNERGY Nursing & Midwifery Research Institute have been engaged by Queensland Health to conduct the review.

For this review, there are a series of consultations being held across Queensland which include face to face sessions, videoconferences and telephone discussions. As part of these, we are keen to hear the views of older adolescents and **young people who have lived experience of mental health issues and have had contact with mental health services.**

We invite interested young people to attend a consultation session, either in person at **Health Consumers Queensland** or through a videoconference that we can facilitate. Your perspectives and experiences are valued and we encourage you to attend. The session will be confidential in that no-one will be individually identified in the review.

We invite you to contribute to the discussion by attending the following session:

Where: **Health Consumers Queensland**
Level 9, 217 George Street
BRISBANE QLD 4000

When: **Thursday 1 June 2017, 1.30 pm - 3.00pm**
(approximately 1.5 hours)

RSVP: VanessaH@hoi.com.au



For more information about **linking in by videoconference**, or to request an interpreter please contact Dr Samantha Battams: 08 83633699 or samantha@hoi.com.au

Questions for consideration during discussion:

Transition

What kind of support do you think young people and their families need when a young person moves out of child and youth mental health services?

What kind of support do you think young people need when going from child and youth to adult mental health services?

What things do you think health professionals should consider when deciding when a young person is ready to go from child/youth to adult mental health services?

Has anyone had experience going from child and youth mental health services to adult mental health services that they wish to share?

- What was it like to go from child/youth to adult mental health services? What was good about the way this happens? What was not so good?
- How well do you feel your (or other young people in general) needs were being met when going from child/youth to adult services?
- What do you think is missing when young people go from child/youth to adult mental health services? i.e. how do you think we could make it better/easier?

Alignment

When you had contact with mental health services, did your mental health service communicate with other services you were involved with (disability, education, GP, Headspace or other services)? Do you think they did this well? How could they have done this better?

How well did services communicate and support you/your family? What sort of improvements could be made when it comes to services working together to support young people with mental health issues and their carers/families?

Do you have (or have you heard of) a good example of services supporting young people with mental health issues? Is there a good example of support being provided when young people move from adolescent to adult mental health services?

