

Proposed Statewide Adolescent Mental Health Extended Treatment and Rehabilitation Model of Care

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Background

On 6 August, 2013, the Minister for Health, the Honourable Lawrence Springborg MP made an announcement that adolescents requiring extended mental health treatment and rehabilitation will receive services through a new range of contemporary service options from early 2014.



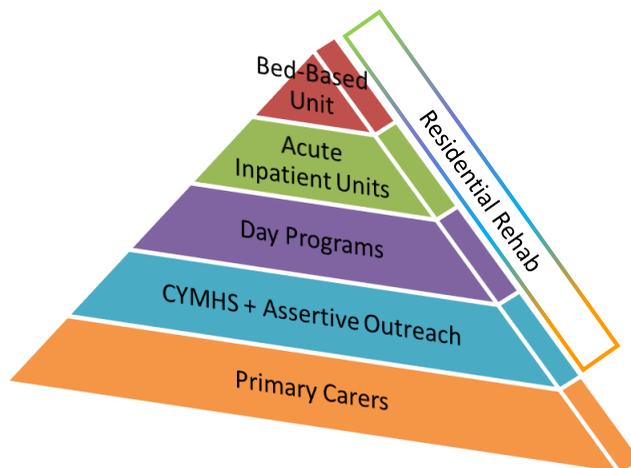
Our Consultation Process

- Expert Clinical Reference Group
- Mental health experts and care providers across QLD and Australia
- Site Visits:
 - Victoria – Intensive Mobile Youth Outreach Services; Y-PARC; Youth Residential Units
 - NSW – Walker Unit and Rivendell – Concorde Hospital
 - QLD – Mobile Intensive Team (Adult); ADAWS; TOHI
- Consumer / Carer Engagement on Working Groups and Steering Committee
- Regular communication with families, carers, and young people currently using services

ECRG Recommendations

Tier 1	Public Community Child and Youth Mental Health Services (existing)
Tier 2a	Adolescent Day Program Services (existing + new)
Tier 2b	Adolescent Community Residential Service/s (new)
Tier 3	Statewide Adolescent Inpatient Extended Treatment and Rehabilitation Service (new)

Proposed Model of Care Options*



* Please note that the number and location of services, proposed in the Model of Care above, is subject to the availability of skilled workforce and funding.

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Proposed Assertive Community Treatment Service (Tier 2a)

This service provides ongoing care and treatment through intensive mobile interventions in a community or residential setting.

For adolescents who may have...

- A need for intensive supportive care out of hours
- No fixed address or are transient
- A high risk of disengagement from treatment services
- No bed-based or Day Program options in their local community

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Proposed Day Program (Tier 2a)

This service provides a range of intensive therapy, extended treatment, and rehabilitation through individual and group therapy.

For adolescents who ...

- Have a history of school exclusion or refusal
- Have social difficulties requiring group-based work
- Have a supportive home environment that ensures safety and/or access to CYMHS
- Live within proximity to the Day Program
- Don't require inpatient care

Proposed Step Up / Step Down Unit (Tier 2b)

This service provides short-term residential treatment, in partnership with NGOs, with services provided by specialist-trained mental health staff.



For adolescents who ...

- Require an increase in intensity of treatment to prevent admission into an acute inpatient unit (Step Up)
- Enables early discharge from a subacute/acute inpatient unit (Step Down)

Proposed Residential Rehabilitation Unit (Tier 2b)

This service provides long-term accommodation and recovery-oriented treatment, in partnership with NGOs, with inreach services from specialist-trained mental health staff.

For adolescents who ...

- Are 16 to 21 years old and able to consent to treatment
- May be unable to return home
- Require additional support to develop independent living skills
- Don't require inpatient care

Proposed Subacute Bed-Based Unit (Tier 3)

This service provides medium-term, intensive, hospital-based treatment and rehabilitation services in a secure, safe, structured environment.

For adolescents who ...

- Have a level of acuity or risk that requires inpatient admission
- Are unlikely to improve in the short term (i.e. weeks or months)
- Require a therapeutic environment not provided by an acute inpatient unit



Timeframes

Model of Care

Nearing completion, with work being undertaken to finalise the details of all options.

Implementation

Needs to consider:

- Areas of community need
- Availability of skilled resources and funding

Some service options will be available earlier than others

For more information...

More information about the model of care, and its implementation, will be made available at:

<http://www.health.qld.gov.au/rch/families/cymhs-extendedtreat.asp>



In the meantime, if you have any questions about our plans, please contact:

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